

## Parts of the Monopod

- A. Platform
- B. Mounting Screw
- C. Wrist Strap
- D. Leg Locks
- E. Spiked Foot  
Can be placed in uneven ground, such as in between rocks

## Mounting Camera to Platform

1. Support item to be mounted with one hand and align tripod socket with the Mounting Screw (B) of the Platform (A) of the monopod and screw into place.
2. This monopod features a dual 1/4 and 3/8 camera screw. To change the screw size simply unscrew the Mounting Screw (B) from the receptacle, turn upside-down and screw the Mounting Screw (B) back into the receptacle. Always check that the screw is securely attached, before mounting.
3. Use Wrist Strap (C) for added safety



## Extending the Leg

1. The leg of the monopod has leg extensions and each segment may be withdrawn as needed by using the flip lock leg locks (D)
2. Flip up to extend the leg to desired height and flip down to lock in place. Minimum height is 21 inches and maximum height is 66 inches

**CAUTION:** Not properly securing leg locks may cause the monopod leg to retract and may cause damage to your monopod and or camera.

## Taking Care of the Monopod

When not in use, reduce monopod leg to minimum height using the Leg Locks (D), and store your monopod in a cool dry area.